

The Venerable Bede Academy Anti-Bullying Policy



All children have an absolute right to be educated in a safe and secure environment and to be protected from others who may wish to harm, degrade or abuse them.

What is bullying?

Types of bullying include:

- verbal abuse, such as name calling and gossiping
- non-verbal abuse, such as hand signs or text messages
- emotional abuse, such as threatening or intimidating someone
- exclusion, such as ignoring or isolating someone
- undermining, by constantly criticising or spreading rumours
- racial or sexual bullying
- physical assaults, such as hitting and pushing
- online through social networking, or using mobile phones, also known as cyber bullying.

If you feel you are being bullied;

Firstly, you must tell someone. A friend, a member of staff, your parents or carers, a bully buddy- anyone!

You could complete a bullying form from next to the school office. The box is checked daily.

Bully buddies are available at the HOY meeting room every break time.

External support can also be found at the following;

ChildLine – phone for free on 0800 1111

Anti-Bullying Alliance

Cyber Mentors

Beat Bullying

BIG- the bullying intervention group.

Princess Diana Award- Anti-bullying ambassadors.