

From The Sidelines - 'Study Hack' episode links

Ep	Title	Episode Date	YouTube Link
1	Designated study space	Wednesday 24th April	https://youtu.be/1jSdKJKmFec?si=LnJPgQFASZtOqKKM
2	Why you need silence to study		https://youtu.be/UivklZgCMMI?si=tg2sRTi-K8Y3KzK
3	Your phone is not your friend	Thursday 25th April	https://youtu.be/tUYX7owUtC4?si=wBUVORurrvrhPsr
4	Why sleep is key for studying	Friday 26th April	https://youtu.be/afhp6oqunKk?si=nrcjs3M_DW6sZKR_s
5	Snacks, pens and paper	Monday 29th April	https://youtu.be/slyoOOj_omw?si=ICUDZbT52xkO8KyH
6	This tomato will change your studies	Tuesday 30th April	https://youtu.be/jDuSq0IT1OE?si=WIFNbvut1C9_P34L
7	The key hack for recalling information	Wednesday 1st May	https://youtu.be/hDzIJBzra2A?si=Jq_cE7iVhO-uaLYd
8	Flashcards are the easiest study hack	Thursday 2nd May	https://youtu.be/mT4ku4YhI1o?si=DZ6GPu846Zpwbyju
9	The brain dump method	Friday 3rd May	https://youtu.be/Zy0lzf-QtOg?si=mwe4DluN_rtl_eT
10	Look, cover, write, check	Tuesday 7th May	https://youtu.be/p2CMyoXvMkw?si=Yf-2YIT58HwtqLfJ
11	Building habits the easy way	Wednesday 8th May	https://youtu.be/4kvxb-CBhdY?si=eXUjuXg4TI-nJG9G
12	What makes a productive person?	Thursday 9th May	https://youtu.be/BR-nNTDEmQs?si=M3YIjFZmBEEJFq9q
13	The enemy of real learning	Friday 10th May	https://youtu.be/WRONxPyh7tM?si=DfVF6i3tvzPyHUzi