



north east  
**autism** society



# Summer

## ACTIVITY GUIDE

A guide on activities and places to visit across  
the North East for neurodivergent families  
during the summer holidays





# **Our Big Summer Guide**

***to autism-friendly events and activities in the North East***

**School's out, and we've rounded up a guide to some great autism-friendly events for families during the summer holidays.**

**We've included activities in Newcastle, Gateshead, Northumberland, North and South Tyneside, Sunderland, Durham and Middlesbrough.**

**Although every effort has been made to ensure these sessions are SEND specific, we advise to check with organisers when booking to ensure sessions meet your needs.**

**Often, places have to be booked, so sign up quickly before they go.**

**Please note events listed in this guide are delivered by external organisations and must be booked directly with them. Any comments, queries or complaints must also be given to the organisers of the event.**



**Have fun!**



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# WALK FOR ACCEPTANCE

Friday 30th August

From 10am at Herrington County Park,  
Houghton-Le-Spring, DH4 7EL



As Part of Autism ~~Awareness~~ <sup>Acceptance</sup> Month

**£5 per adult and under-18s go free**

- 1-mile route is wheelchair & pushchair friendly
- Certificates from Snowdrop the Spikeshuffler
  - Music, face painting & games



# Newcastle

*What, Where, When and  
How to Book*



# Life Science Centre

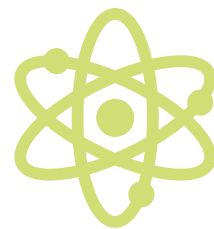
*Life has been accredited our Gold Standard Autism Acceptance Award. Our partnership began in 2018, with families from NEAS's community forming an advisory group to ensure that the Life Science Centre experience, from its exhibitions to its cafes, is accessible and welcoming to autistic people.*

**What:** Life Centre – relaxed Sunday session

**Where:** Life Science Centre, Times Square, Newcastle NE1 4EP

**When:** 11th August 10am-12pm

**How to book:** See this [link](#)



# The Alan Shearer Centre

**What:** Activities at the Alan Shearer Centre see the centre's [Facebook page](#) for more details

**Where:** The Alan Shearer Centre, West Denton Close, Newcastle, NE15 7LU

**When:** 21st July (giant bubbles), 25th July (pony party and unicorn adventure), 27th and 28th July (sensory bottles), 29th July (Angela's ark reptiles and animals), 1st, 8th and 22nd August (Carol Bowden music session), 3rd August (summer scavenger hunt), 4th August (making shell plant pots), 5th August (pony party and unicorn adventure)

**How to book:** Ring 0191 2678118 or email [reception@alanshearercentre.org.uk](mailto:reception@alanshearercentre.org.uk)



# Newcastle

**What:** Tree House Summer HAF Project – workshops for SEND children and families (arts and crafts, silent disco, cookery session)

**Where:** Tree House Early Years Centre, Brunel Terrace, Newcastle NE4 7NL

**When:** 13th, 15th, 20th and 22nd August, 11am

**How to book:** Click here to book on [Eventbrite](#)

**What:** Newburn Activity Centre Best Summer Ever – free SEND soft play and sensory room sessions for under-10s

**Where:** Newburn Activity Centre, Grange Road, Newburn, NE15 8ND

**When:** Various dates from 22nd July to 30th August, 10am and 11am.

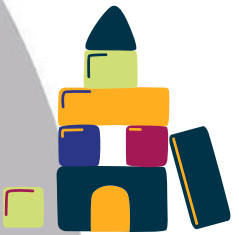
**How to book:** Ring the centre on 0191 2640014. More info [here](#).

**What:** East End Pool's Best Summer Ever – free kids' activities day for ages 5-16 (Aqua splash, slides, lunch provided)

**Where:** East End Swimming Pool, Hadrian Square, Byker, NE6 1AL

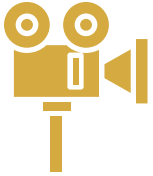
**When:** SEND only sessions on 31st July and 21st August, 12-2pm

**How to book:** Call in at pool or email [paul.gates@gll.org](mailto:paul.gates@gll.org)





# Newcastle



**What:** Relaxed screening of Star Wars: Episode V – The Empire Strikes Back

**Where:** Tyneside Cinema, 10 Pilgrim Street, Newcastle NE1 6QG

**When:** 4th August 11.30am

**How to book:** Go to [this link](#)



**What:** Relaxed screening of Despicable Me 4

**Where:** Cineworld, The Gate, Newcastle NE1 5TG

**When:** 4th August at 11am

**How to book:** Go to [this link](#)



**What:** Newcastle United Foundation – SEN football session

**Where:** Foundation Centre, Diana Street, Newcastle, NE4 6BQ

**When:** 22nd August 5-6.30pm

**How to book:** Email [Lee.Scott@nufc.co.uk](mailto:Lee.Scott@nufc.co.uk)



**What:** Newcastle United autism-friendly tours

**Where:** St James' Park, Newcastle

**When:** 14th at 9.30am

**How to book:** Go to [this link](#)



**What:** Relaxed early openings at Great North Museum

**Where:** Great North Museum: Hancock, Newcastle NE2 4PT

**When:** Every Tuesday morning through the school holidays 9 – 10am

**How to book:** More info at [this link](#)



# Newcastle



**What:** Newcastle United Foundation – Premier League Kicks Neurodiversity sessions for ages 11-18 (football training and mental wellbeing activities)

**Where:** Foundation Centre, Diana Street, Newcastle, NE4 6BQ

**When:** First Thursday of every month

**How to book:** Email [Michael.Johansen@nufc.co.uk](mailto:Michael.Johansen@nufc.co.uk)



**What:** North East Action for Children Parents Inclusion @ Hadrian School SEND family activities

**Where:** Hadrian School, Bertram Cres, Newcastle, NE15 6PY

**When:** 29th July (sport and art), 5th August (sport and art), 12th August (family sports day), 19th August (wellbeing day), 21st August (HAF end of summer party)

**How to book:** Ring 0191 2656158 or email [admin@napi.org.uk](mailto:admin@napi.org.uk)



**What:** SEN Sessions @ The Owl Tree Community Nest

**Where:** Owl Tree Community Nest, Coxlodge Methodist Church, Kenton Road, Newcastle, NE3 4PA

**When:** Every other Friday 1.30-5pm

**How to book:** Email [owltreechildrenscafe@gmail.com](mailto:owltreechildrenscafe@gmail.com) or ring 07536 060607



# Newcastle



**What:** Activities at the Tim Lamb Centre based on a different country each week

**Where:** Tim Lamb Centre, Whitley Road, Benton NE12 9SS

**When:** Mondays and Fridays see their [Facebook page](#) for more information

**How to book:** Ring 0191 266 5233 or email [info@pathways4all.co.uk](mailto:info@pathways4all.co.uk)

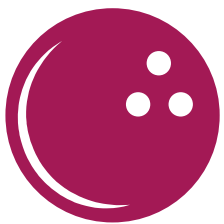


**What:** Seven Stories early bird opening for neurodivergent families

**Where:** Seven Stories, 30 Lime Street, Ouseburn, NE1 2PQ

**When:** 9-10am 3rd August and every 1st Saturday of the month

**How to book:** More info at [this link](#)

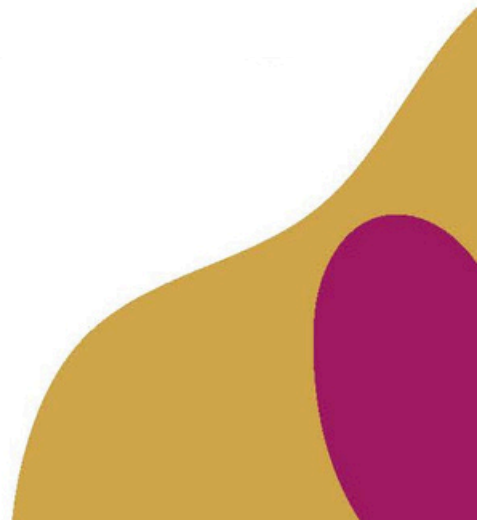


**What:** Ten Pin Bowling for SEND children and young adults

**Where:** Eldon bowling, Grey's Quarter, Eldon Square, Newcastle, NE1 7XY.

**When:** 26th July, 2nd August, 9th August, 16th August, 23rd August, 30th August, all 10am-12pm

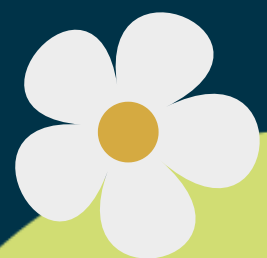
**How to book:** Ring 0191 2699200





# Gateshead

*What, Where, When and  
How to Book*



# The SEN Support Space

Email [thesenspace@gmail.com](mailto:thesenspace@gmail.com) to book



**PIZZA MAKING**

2-3.30PM  
CHURCH OF THE HOLY SPIRIT, CRAWCROOK  
£2 PER CHILD

OPEN TO ALL CHILDREN WITH ADDITIONAL NEEDS AND THEIR FAMILIES. PLEASE EMAIL [THESENSPACE@GMAIL.COM](mailto:thesenspace@gmail.com) TO BOOK.

The SEN Support Space logo is in the top right corner.



**COOKING SESSION**

Thursday 22nd August  
2pm-3.30pm  
Church of the Holy Spirit,  
Crawcrook  
2pm-3.30pm  
£2 per child

Open to all children with additional needs and their families. Please email [thesenspace@gmail.com](mailto:thesenspace@gmail.com) to book.

The SEN Support Space logo is in the top left corner.



**STAR BRIGHT ARTS**

**SENSORY STORIES**

MON 19TH AUG  
CHURCH OF THE HOLY SPIRIT HALL,  
CRAWCROOK  
10AM (0-5 YEARS)  
11AM (5-12 YEARS)

SPACE THEMED SONGS  
SENSORY PROPS  
£5 PER CHILD

Open to all children with additional needs and their families. Please email [thesenspace@gmail.com](mailto:thesenspace@gmail.com) to book.

The SEN Support Space logo is in the top right corner.



**SLIME WORKSHOP**

Sat 10th Aug  
10am  
Clara Vale Hall  
£5 per child

Open to all children with additional needs and their families. Please email [thesenspace@gmail.com](mailto:thesenspace@gmail.com) to book.

The SEN Support Space logo is in the top right corner.



**Disney Themed Yoga**

Sunday 25th August  
1pm-2pm  
Crawcrook Park, Bowling Green  
£3 per child

Open to all children with additional needs and their families. Please email [thesenspace@gmail.com](mailto:thesenspace@gmail.com) to book.

The SEN Support Space logo is in the top right corner.

# Gateshead



**What:** Crawcrook fair (entertainment, fairground rides, bouncy castle, facepainting)

**Where:** Crawcrook Park, Main Road, NE40 4NB

**When:** 14th August 11am-4pm

**How to book:** Email [thesenspace@gmail.com](mailto:thesenspace@gmail.com)

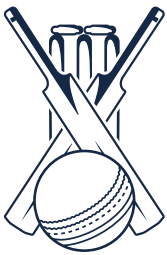


**What:** Build A Bear party with the SEN Support Space

**Where:** Build-A-Bear Workshop, Lower Blue Mall, MetroCentre

**When:** 4th August 10am

**How to book:** Email [thesenspace@gmail.com](mailto:thesenspace@gmail.com)

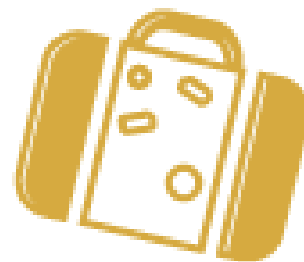


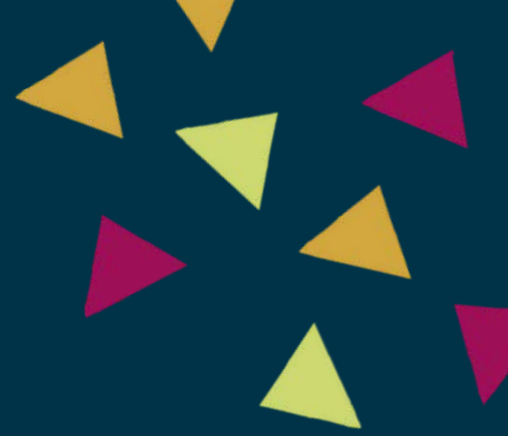
**What:** SEND cricket programmes for ages 7-17

**Where:** Deckham Family Hub, Elgin Centre, Elgin Road, NE9 5PA

**When:** 24th July, 9th and 20th August, 10am-12pm

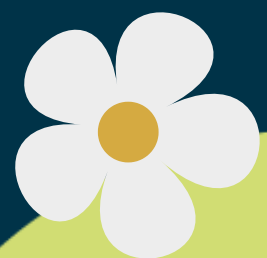
**How to book:** Email [familyhubs@gateshead.gov.uk](mailto:familyhubs@gateshead.gov.uk) or call 0191 433631





# Northumberland

*What, Where, When and  
How to Book*



# Northumberland

**What:** Stay all day sports days for 8+

**Where:** Blyth Sports Centre, NE24 5BT

**When:** 23rd and 30th July, 20th and 27th August, 10am-3pm

**How to book:** Email

[bayley.milligan@northumberland.gov.uk](mailto:bayley.milligan@northumberland.gov.uk) and for more info go to [www.facebook.com/Ability2Play](https://www.facebook.com/Ability2Play).



**What:** Freestyle football for 8+

**Where:** Northburn Sports Centre, Cramlington NE23 3YP

**When:** 24th July and 28th August, 10.30-11.30am (children), 12-1.30pm (adults)

**How to book:** Email

[bayley.milligan@northumberland.gov.uk](mailto:bayley.milligan@northumberland.gov.uk) and for more info go to [www.facebook.com/Ability2Play](https://www.facebook.com/Ability2Play).



**What:** Youth club for 8+

**Where:** Ashington Family Hub, Alexandra Road, NE63 9EF

**When:** 24th and 31st July, 21st and 28th August, 5-7pm

**How to book:** Email

[bayley.milligan@northumberland.gov.uk](mailto:bayley.milligan@northumberland.gov.uk) and for more info go to [www.facebook.com/Ability2Play](https://www.facebook.com/Ability2Play).



**What:** Stay all day sports days for 8+

**Where:** Concordia Leisure Centre, Manor Walks, Cramlington NE23 6YB

**When:** 25th July; 1st, 22nd and 29th August

**How to book:** Email

[bayley.milligan@northumberland.gov.uk](mailto:bayley.milligan@northumberland.gov.uk)





# Northumberland



**What:** Beach day for 12+

**Where:** Blyth beach (meeting at Dave Stephenson Centre)

**When:** 26th July 10am-3pm

**How to book:** Email

[bayley.milligan@northumberland.gov.uk](mailto:bayley.milligan@northumberland.gov.uk) and for more info go to [www.facebook.com/Ability2Play](https://www.facebook.com/Ability2Play).

**What:** A2P pool party for 8+

**Where:** Astley Community High School, Seaton Delaval, NE25 0BP

**When:** 31st July and 21st August, 1-3pm

**How to book:** Email

[bayley.milligan@northumberland.gov.uk](mailto:bayley.milligan@northumberland.gov.uk) and for more info go to [www.facebook.com/Ability2Play](https://www.facebook.com/Ability2Play).

**What:** Toby's Magical Garden available to hire

**Where:** Toby House, Earth Balance, Bedlington NE22 7AD

**When:** See available dates [here](#)

**How to book:** Email [support@ttht.co.uk](mailto:support@ttht.co.uk) or call 0300 3653055

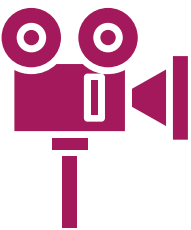


**What:** Relaxed screening of Despicable Me 4

**Where:** Forum Cinema, Hexham

**When:** 12th August 11am

**How to book:** Email [thesenspace@gmail.com](mailto:thesenspace@gmail.com)



# Northumberland



**What:** Grubbin's Wood at Headway Arts – a sensory and immersive show for young people with additional needs by TimbaDash Theatre

**Where:** Headway Arts, Blyth NE24 1BY

**When:** 21st July, 1st and 3rd August, 10.30-11.30am and 1-2pm

**How to book:** Go to this [link](#)



**What:** Tanga in the Woods (free play and activities in nature)

**Where:** Target woods, near Hexham

**When:** Every Friday in the holidays, from 26th July

**How to book:** Go to this [link](#)



**What:** Play session with the SEN Support Space

**Where:** Little Learners Ashington, 52 Milburn Road, NE63 0HF

**When:** 3rd August 11am-1pm

**How to book:** Email [thesenspace@gmail.com](mailto:thesenspace@gmail.com)



**What:** Pool party with the SEN Support Space

**Where:** Haltwhistle outdoor pool, NE49 9DP

**When:** 24th August 4-5pm

**How to book:** Email [thesenspace@gmail.com](mailto:thesenspace@gmail.com)



# Smile Through Sport

**What:** Activities including archery, adapted cycling, sailing, multisports and outdoor,

**Where:** Various locations throughout the North East

**When:** Every day throughout the holidays

**How to book:** Email [info@smilethroughsport.com](mailto:info@smilethroughsport.com) or call 01670 457757



## Summer Holiday Activities

Week 1 - 22nd July - 28th July



SEND / disability specific sport & physical activity sessions

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Outdoor games (6-19) 10.45am-12.45pm Gibside National Trust, Gateshead, NE16 6BG</p>	<p>Outdoor games (6-19) 10.30am-12.30pm Souter Lighthouse, Sunderland, SR6 7NH</p>	<p>Multi-sport session (6-19) 10am-12nn Nelson Village Community Centre, Cramlington, NE23 1HG £3pp</p>	<p>Multi-sport session (6-19) 10am-12nn Jubilee Fields Community Centre, Shildon, DL4 2AL £3pp</p>	<p>Multi-sport session (6-19) 10am-12nn The Venue, Community Centre, Stanley, DH9 6AH £3pp</p>
<p>Multi-sport session (6-19) 1.30pm-3.30pm The Pavilion, Peterlee, SR8 1ER £3pp</p>	<p>Multi-sport session (6-19) 1.30pm-3.30pm Washington Leisure Centre, Washington, NE38 7SS £3pp</p>	<p>Multi-sport session (6-19) 1.30pm-3.30pm Tyneside Badminton Centre, Newcastle, NE5 2TA £3pp</p>	<p>Stay &amp; play session (0-5) 10.30am-12nn Balkwell Community Centre, North Shields, NE29 7LU £2pp</p>	
<p>Boccia session 4pm-5.45pm Concordia Leisure Centre, Cramlington, NE23 6YB £3pp</p>		<p>Outdoor games (6-19) 1.30pm-3.30pm Washington Old Hall National Trust, NE38 7LE</p>	<p><b>Book Now</b> <a href="mailto:info@smilethroughsport.com">info@smilethroughsport.com</a> or 01670 457 757</p>	

 @smilethroughsport  @smiletsport

Timetables continued on pages that follow.





# Summer Holiday Activities

## Week 2 - 29th July - 4th August



### SEND / disability specific sport & physical activity sessions

#### Monday

Multi-sport session (6-19)  
1.30pm-3.30pm  
The Pavilion,  
Peterlee, SR8 1ER  
£3pp

Outdoor games (6-19)  
1.30pm-3.30pm  
Gibside National Trust,  
Gateshead, NE16 6BG

Boccia session  
4pm-5.45pm  
Concordia Leisure Centre,  
Cramlington, NE23 6YB  
£3pp

#### Tuesday

Outdoor games (6-19)  
10.30am-12.30pm  
Souter Lighthouse,  
Sunderland, SR6 7NH

Multi-sport session (6-19)  
1.30pm-3.30pm  
Washington Leisure Centre,  
Washington, NE38 7SS  
£3pp

Archery session (6-19)  
1.30pm-2.45pm  
&  
2.45pm - 4pm  
John Willie Sams Centre,  
Dudley, NE23 7HS  
£2pp

#### Wednesday

Multi-sport session (6-19)  
10am-12nn  
Nelson Village Community  
Centre, Cramlington,  
NE23 1HG  
£3pp

Multi-sport session (6-19)  
1.30pm-3.30pm  
Tyneside Badminton Centre,  
Newcastle, NE5 2TA  
£3pp

Outdoor games (6-19)  
1.30pm-3.30pm  
Washington Old Hall  
National Trust, NE38 7LE

#### Thursday

Multi-sport session (6-19)  
10am-12nn  
Jubilee Fields Community  
Centre, Shildon, DL4 2AL  
£3pp

Stay & play session (0-5)  
10.30am-12nn  
Balkwell Community  
Centre, North Shields,  
NE29 7LU  
£2pp

#### Friday

Multi-sport session (6-19)  
10am-12nn  
The Venue, Community  
Centre, Stanley, DH9 6AH  
£3pp

#### Sunday

Multi-sport session (6-19)  
11am-1pm  
Berwick Sports & Leisure  
Centre, Berwick, TD15 2AS

Book Now

[info@smilethroughsport.com](mailto:info@smilethroughsport.com)

or 01670 457 757



@smilethroughsport



@smiletsport



# Summer Holiday Activities

## Week 3 - 5th August - 9th August



### SEND / disability specific sport & physical activity sessions

#### Monday

Outdoor games (6-19)  
10.45am-12.45pm  
Gibside National Trust,  
Gateshead, NE16 6BG

Multi-sport session (6-19)  
1.30pm-3.30pm  
The Pavilion,  
Peterlee, SR8 1ER  
£3pp

Boccia session  
4pm-5.45pm  
Concordia Leisure Centre,  
Cramlington, NE23 6YB  
£3pp

#### Tuesday

Outdoor games (6-19)  
10.30am-12.30pm  
Souter Lighthouse,  
Sunderland, SR6 7NH

Multi-sport session (6-19)  
1.30pm-3.30pm  
Washington Leisure Centre,  
Washington, NE38 7SS  
£3pp

#### Wednesday

Multi-sport session (6-19)  
10am-12nn  
Nelson Village Community  
Centre, Cramlington,  
NE23 1HG  
£3pp

Adapted cycling (6-19)  
10am-12nn  
Newburn Leisure Centre,  
Newcastle, NE15 8ND  
£3pp

Multi-sport session (6-19)  
1.30pm-3.30pm  
Tyneside Badminton Centre,  
Newcastle, NE5 2TA  
£3pp

Outdoor games (6-19)  
1.30pm-3.30pm  
Washington Old Hall  
National Trust, NE38 7LE

#### Thursday

Multi-sport session (6-19)  
10am-12nn  
Jubilee Fields Community  
Centre, Shildon, DL4 2AL  
£3pp

Stay & play session (0-5)  
10.30am-12nn  
Balkwell Community  
Centre, North Shields,  
NE29 7LU  
£2pp

#### Friday

Multi-sport session (6-19)  
10am-12nn  
The Venue, Community  
Centre, Stanley, DH9 6AH  
£3pp

Book Now

[info@smilethroughsport.com](mailto:info@smilethroughsport.com)

or 01670 457 757



@smilethroughsport



@smiletsport



# Summer Holiday Activities

## Week 4 - 12th August - 18th August



### SEND / disability specific sport & physical activity sessions

#### Monday

Multi-sport session (6-19)  
1.30pm-3.30pm  
The Pavilion,  
Peterlee, SR8 1ER  
£3pp

Outdoor games (6-19)  
1.30pm-3.30pm  
Gibside National Trust,  
Gateshead, NE16 6BG

Boccia session  
4pm-5.45pm  
Concordia Leisure Centre,  
Cramlington, NE23 6YB  
£3pp

#### Tuesday

Outdoor games (6-19)  
10.30am-12.30pm  
Souter Lighthouse,  
Sunderland, SR6 7NH

Multi-sport session (6-19)  
1.30pm-3.30pm  
Washington Leisure Centre,  
Washington, NE38 7SS  
£3pp

#### Wednesday

Multi-sport session (6-19)  
10am-12nn  
Nelson Village Community  
Centre, Cramlington,  
NE23 1HG  
£3pp

Multi-sport session (6-19)  
1.30pm-3.30pm  
Tyneside Badminton Centre,  
Newcastle, NE5 2TA  
£3pp

Outdoor games (6-19)  
1.30pm-3.30pm  
Washington Old Hall  
National Trust, NE38 7LE

#### Thursday

Multi-sport session (6-19)  
10am-12nn  
Jubilee Fields Community  
Centre, Shildon, DL4 2AL  
£3pp

Stay & play session (0-5)  
10.30am-12nn  
Balkwell Community  
Centre, North Shields,  
NE29 7LU  
£2pp

Water activities (12-19)  
1.30pm-3pm  
Druridge Bay County Park,  
Morpeth, NE61 5BX  
£5pp

#### Friday

Multi-sport session (6-19)  
10am-12nn  
The Venue, Community  
Centre, Stanley, DH9 6AH  
£3pp

#### Sunday

Adapted cycling (6-19)  
10am-12nn  
Newburn Leisure Centre,  
Newcastle, NE15 8ND  
£3pp

Multi-sport session (6-19)  
11am-1pm  
Berwick Sports & Leisure  
Centre, Berwick, TD15 2AS

Book Now

[info@smilethroughsport.com](mailto:info@smilethroughsport.com)

or 01670 457 757



@smilethroughsport



@smiletsport



# Summer Holiday Activities

## Week 5 - 19th August - 23rd August



### SEND / disability specific sport & physical activity sessions

#### Monday

Outdoor games (6-19)  
10.45am-12.45pm  
Gibside National Trust,  
Gateshead, NE16 6BG

Multi-sport session (6-19)  
1.30pm-3.30pm  
The Pavilion,  
Peterlee, SR8 1ER  
£3pp

Boccia session  
4pm-5.45pm  
Concordia Leisure Centre,  
Cramlington, NE23 6YB  
£3pp

#### Tuesday

Outdoor games (6-19)  
10.30am-12.30pm  
Souter Lighthouse,  
Sunderland, SR6 7NH

Multi-sport session (6-19)  
1.30pm-3.30pm  
Washington Leisure Centre,  
Washington, NE38 7SS  
£3pp

#### Wednesday

Multi-sport session (6-19)  
10am-12nn  
Nelson Village Community  
Centre, Cramlington,  
NE23 1HG  
£3pp

Multi-sport session (6-19)  
1.30pm-3.30pm  
Tyneside Badminton Centre,  
Newcastle, NE5 2TA  
£3pp

Outdoor games (6-19)  
1.30pm-3.30pm  
Washington Old Hall  
National Trust, NE38 7LE

#### Thursday

Multi-sport session (6-19)  
10am-12nn  
Jubilee Fields Community  
Centre, Shildon, DL4 2AL  
£3pp

Stay & play session (0-5)  
10.30am-12nn  
Balkwell Community  
Centre, North Shields,  
NE29 7LU  
£2pp

Athletics/Frame Running  
(6-19)  
2pm-4pm  
Blaydon Leisure Centre,  
Gateshead, NE21 5NW  
£3pp

#### Friday

Multi-sport session (6-19)  
10am-12nn  
The Venue, Community  
Centre, Stanley, DH9 6AH  
£3pp

Book Now

[info@smilethroughsport.com](mailto:info@smilethroughsport.com)

or 01670 457 757



@smilethroughsport



@smiletsport

# Little Learners Ashington

**What:** Free SEND play sessions for children in receipt of free school meals or DLA

**Where:** Little Learners Ashington, 52 Milburn Road, NE63 0HF

**When:** 12th August and 26th August, 10.30am-12.30pm

**How to book:** Go to this [link](#)

## Summer Funded Sessions!

	W/C 21st July	W/C 29th July	W/C 5th Aug	W/C 12th Aug	W/C 19th Aug	W/C 26th Aug
Monday				SEND Session 10:30am - 12:30pm		SEND Session 10:30am - 12:30pm
Tuesday	Stay & Play 10am - 2pm	Stay & Play 10am - 2pm	Stay & Play 10am - 2pm	Stay & Play 10am - 2pm	Stay & Play 10am - 2pm	
Wednesday		Lunch Club 11am - 1pm	Lunch Club 11am - 1pm	Lunch Club 11am - 1pm	Lunch Club 11am - 1pm	
Thursday	Rainbow Teddy Bear Stuffing 10am - 2pm	Make Your Own Slime! 10am - 2pm	Make Your Own Husky Squishy 10am - 2pm	Make Your Own Slime! 10am - 2pm		
Friday		Stay & Play 10am - 2pm			Stay & Play 10am - 2pm	

Pre-booking required!

Children must be in receipt of Free School Meals or DLA to attend.

Northumberland based families only. Reception onwards.

**Little LEARNERS PLAYSPACE**

# The Toby Henderson Trust

Family Fun Day

**EXCLUSIVELY**  
for the family and friends  
of  
The Toby Henderson Trust  
**Both past and present!**  
We would love  
to see you there!

**WHILEY BAY  
PIZZA CO.**

**L OF  
A BAKE**

**FAMILY**

**FUN DAY**

**ACTIVITIES:**

- Gigantic bubble show
- Inflatables
- Face Painting
- Ice Cream van
- Hot food van
- Toby's Magical Garden
- Baby and toddler soft play
- Pocket money stall
- Raffle and tombola
- Sweet treats
- Tea, coffee, soft drinks and snacks

**and MUCH MORE!!!**

**Toby House,  
Earth Balance  
NE22 7AD**

**Entry**  
**£1.00 per person**  
**Under 2s go**  
**Free**  
Pay on the door  
NO TICKETS  
REQUIRED

**FRIDAY  
9TH  
AUGUST  
12PM TO  
3PM**

**CASH ONLY!**  
Ask staff about the location of the  
nearest cash machine



# North Tyneside

*What, Where, When and  
How to Book*

N





# North Tyneside

**What:** School holiday sessions with North Tyneside Disability Forum (games, music, dancing, pool, PS4, art, new age kurling, boccia)

**Where:** NTDF Centre, Earsdon Road, Shiremoor, NE27 0HJ

**When:** Various dates throughout summer holidays

**How to book:** Ring Susan Proctor on 07930451809 or email [susan.proctor@ntdf.co.uk](mailto:susan.proctor@ntdf.co.uk)



**What:** Bad Cat Café with The SEN Support Space

**Where:** 200 High Street, Wallsend, NE28 7RP

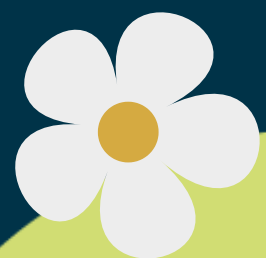
**When:** 21st August 2.30pm-4pm

**How to book:** Email [thesenspace@gmail.com](mailto:thesenspace@gmail.com)



# South Tyneside

*What, Where, When and  
How to Book*



# South Shields Surf Group

Delivered in partnership with South Tyneside Council. To book these sessions, email [gemma.d'ambrosie@southtyneside.gov.uk](mailto:gemma.d'ambrosie@southtyneside.gov.uk) or call 07386688808

**What:** Surfing with South Shields Surf School, free for SEND families

**Where:** Sandhaven Beach Promenade, South Shields, NE33 3NG

**When:** 22nd and 30th July, 2-4pm

**What:** Beach party at South Shields Surf School

**Where:** Sandhaven Beach Promenade, South Shields, NE33 3NG

**When:** 31st July, 2-4pm



# South Tyneside Council Partnership Sessions

To book any of these sessions, email  
[gemma.d'ambrosie@southtyneside.gov.uk](mailto:gemma.d'ambrosie@southtyneside.gov.uk) or call 07386688808



**What:** Parents' wellbeing beach session

**Where:** Little Haven beach opposite Little Haven hotel

**When:** 23rd July, 5-7pm



**What:** Sensory Play Den

**Where:** Victoria Industrial Estate, Hebburn NE31 1UB

**When:** 24th July 9.30-11am



**What:** Active Future South Shields

**Where:** Harton Sports Centre, Harton Academy, St Mary's Ave, South Shields NE34 6AG

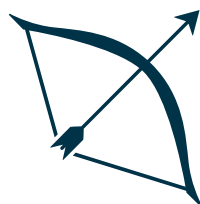
**When:** 1st August 10am-2pm



**What:** Simonside climbing wall

**Where:** St Simon St, South Shields NE34 9SD

**When:** 20th August 1-3:30pm



**What:** Simonside Archery

**Where:** Simonside Climbing Centre, St Simon St, South Shields NE34 9SD

**When:** 21st August 1-3.30pm



# South Tyneside Council Partnership Sessions

To book any of these sessions, email  
[gemma.d'ambrosie@southtyneside.gov.uk](mailto:gemma.d'ambrosie@southtyneside.gov.uk) or call 07386688808



**What:** Kayaking

**Where:** Water Activity Centre, River Drive,  
South Shields, NE33 1LH

**When:** 22nd August 1-3.30pm



**What:** Gaming bus

**Where:** Simonside Climbing Centre, St Simon  
St, South Shields NE34 9SD

**When:** 28th and 29th August, 11am-12.30pm



**What:** The Botanical Apothecary

**Where:** The Emporium, 5 Mile End Road, NE33  
1TA

**When:** 26th August, 11am-12.30pm



# South Tyneside HAF

To book any of these sessions, email [gemma.d'ambrosie@southtyneside.gov.uk](mailto:gemma.d'ambrosie@southtyneside.gov.uk) or call 07386688808.

For more info, go to this [link](#)

**What:** Holiday Activities and Food (HAF) (football, sports camps, musical theatre, dance and drama workshops, Teen Ticket to various attractions)

**Where:** Various locations in South Tyneside

**When:** Various dates during the summer holidays



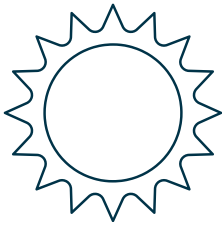
South Tyneside Council

Holiday,  
Activities  
+ Food  
...across South Tyneside

# South Tyneside



**What:** Play session with The SEN Support Space  
**Where:** The Sensory Play Den, Victoria Industrial Estate, Hebburn NE31 1UB  
**When:** 6th August 9.30-11am  
**How to book:** Email [thesenspace@gmail.com](mailto:thesenspace@gmail.com)



**What:** Free summer activities with the Youth Hub (cookery, photography, social club, music, arts and crafts, creative enterprise)  
**Where:** Youth Hub, 88-90 Fowler St, South Shields NE33 1PD  
**When:** 16th July – 8th August, Tues, Weds and Thurs starting at 10am  
**How to book:** Google form at this [link](#)



**What:** Free activities for ages 15-17 with Youth Connect  
**Where:** South Tyneside  
**When:** 25th July (cookery), 1st August (craft), 5th August (powerboating, jet-skiing and paddle boarding), 15th August (social action), 22nd August (celebration)  
**How to book:** Email [Youthconnect@southtyneside.gov.uk](mailto:Youthconnect@southtyneside.gov.uk)



# Sunderland

*What, Where, When and  
How to Book*





# Sunderland Empire

Following a close eight-year partnership, and a devotion to making a real difference to theatre and Creative Learning services for autistic and neurodivergent visitors, the Sunderland Empire received the highest accolade granted by NEAS - the Gold Standard Autism Acceptance Award

**What:** Relaxed performance of *The 13 Storey Treehouse*

**Where:** Sunderland Empire Theatre

**When:** 23rd August, 5pm

**How to book:** Go to [the link](#)



# Beacon of Light

To book the below sessions, click this [link](#) for information and dates

**What:** Disability multisport sessions (multisport, dance, table tennis) for ages 5-25

**Where:** Beacon of Light, Vaux Brewery Way, Sunderland

**When:** Various dates

**What:** Disability football – sessions for 5-12 and 13-25

**Where:** Beacon of Light, Vaux Brewery Way, Sunderland

**When:** Various dates

**What:** Sensory Circuits

**Where:** Beacon of Light, Vaux Brewery Way, Sunderland

**When:** Various dates

**What:** SEND family fun day for 4-14

**Where:** Beacon of Light, Vaux Brewery Way, Sunderland

**When:** 12th August, 1-3pm



# The Special Lioness

**What:** The Special Lioness – Roaring Rainforest free play sessions for under 5s and open age

**Where:** The Special Lioness Roaring Rainforest, 4 Baird Cl, Washington NE37 3HL

**When:** Various dates see poster below

**How to book:** Go to this [link](#)



Week 1	Week 2
24/07- Roaring Rainforest Under 5s 25/07- Roaring Rainforest Open Age	29/07- Roaring Rainforest Under 5s 04/08- Emergency Services Day 31/07-03/08 - WetWheels Trips
Week 3	Week 4
07/08- Roaring Rainforest Under 5s 10/08- World Lion Day	12/08 - Roaring Rainforest Open Age 14/08 - Roaring Rainforest Open Age
Week 5	Week 6/7
19/08 - Roaring Rainforest Open Age 21/08 - Roaring Rainforest Under 5s 23/08 - Alice in Wonderland Inclusive Show	28/08- Roaring Rainforest Under 5s 04/09 - Roaring Rainforest Open Age 07/09 - Pirate & Mermaid Party

# Grace House - HAF

**What:** HAF Activities with Grace House – science and Lego, multisports, sound and spirit

**Where:** Grace House, Bardolph Drive, Sunderland SR5 2DE

**When:** Various dates

**How to book:** Contact Moya for more information at [MR@gracehouse.co.uk](mailto:MR@gracehouse.co.uk) or call 0191 4352088



 **HAF Activities Summer Holidays** 

*For these activities your disabled child does need to be on free school meals and be aged upto 18 years old.*

<b>Science and Lego</b> Monday 22nd July Tuesday 30th July Tuesday 6th August Monday 12th August Monday 19th August From 10:00am till 12:00pm	<b>Multi sports</b> Tuesday 23rd July Monday 29th July Monday 5th August Monday 13th August Tuesday 20th August Tuesday 27th August From 10:00am till 12:00pm	<b>Sound, Sound and Spirit</b> Wednesday 28th August From 10:00am till 12:00pm
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To book upto 4 spaces in total across this and the Community Foundation schedule please contact Moya at [MR@gracehouse.co.uk](mailto:MR@gracehouse.co.uk) or 0191 435 2088

# Tailored Leisure Co.

To book any of the below sessions: go to  
[Tailored Leisure events](#)

**What:** Atlantis Inflatable SEND sessions (Holiday Activity and Food Programme)

**Where:** Sunderland Aquatic Centre, Stadium Park, Monkwearmouth SR5 1SU

**When:** 22nd July, 11am

**What:** Fun with Asha (games, music, crafts and snacks)

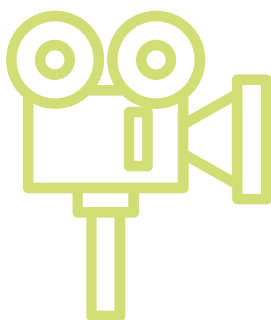
**Where:** New Springs Centre, 130 Fulwell Road, SR6 9QR

**When:** 26th July 11am

**What:** Customs House SEND cinema sessions (Holiday Activity and Food Programme)

**Where:** Customs House, Mill Dam, South Shields NE33 1ES

**When:** 1st August, 11am (5-25), 8th August, 11am (11-19)



# Sunderland



**What:** The Box Youth Project – activities for ages 16-25

**Where:** The Box Youth Project, Hall Farm Road, Sunderland

**When:** Tuesdays and Thursdays 6.30-8.30pm

**How to book:** Email [theboxyouthproject@gmail.com](mailto:theboxyouthproject@gmail.com)

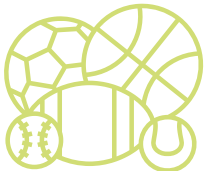


**What:** SEND Soft Play

**Where:** Fuzzy Ed's, Harvester, Ryhope, Sunderland SR2 0SP

**When:** 17th August 10am-12pm

**How to book:** Go to [thesensoryplace.net/book-online](https://thesensoryplace.net/book-online)



**What:** SEND Multi Sports Session

**Where:** Everyone Active Washington, NE38 7SS

**When:** 18th August 10am-12.30pm

**How to book:** Go to [thesensoryplace.net/book-online](https://thesensoryplace.net/book-online)



**What:** SEND Swim Session

**Where:** Washington Leisure Centre, NE38 7SS

**When:** 27th July 3.45-4.45pm

**How to book:** Go to [thesensoryplace.net/book-online](https://thesensoryplace.net/book-online)



# Sunderland



**What:** Summer at the seaside art class

**Where:** The Art Room, Mackies Corner, Sunderland  
SR1 1TX

**When:** Various dates – see link below

**How to book:** Go to [thesensoryplace.net/book-online](https://thesensoryplace.net/book-online)

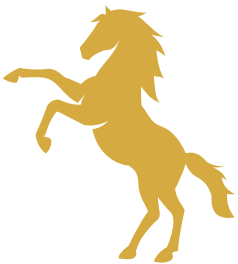


**What:** Grubbin's Wood at The Old Rectory – a sensory and immersive show for young people with additional needs by TimbaDash Theatre

**Where:** The Old Rectory, Broadway, Houghton le Spring DH4 4BB

**When:** 23rd – 25th July 10.30-11.30am and 1-2pm

**How to book:** Go to this [link](#)



**What:** Horse Riding with The SEN Support Space

**Where:** Washington Riding Centre, Stephenson Road,  
Washington NE37 3HR

**When:** 20th August 10.30-11.30am

**How to book:** Email [thesenspace@gmail.com](mailto:thesenspace@gmail.com)

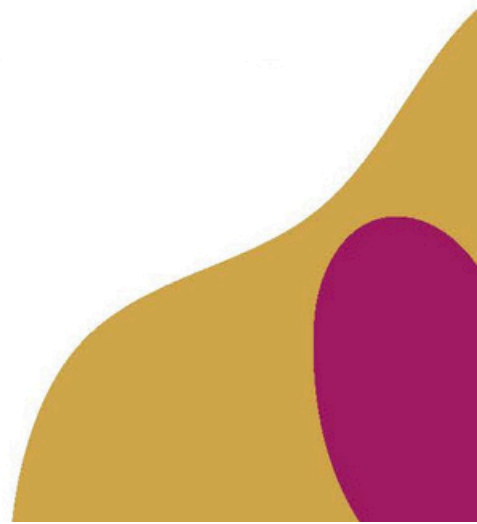


**What:** Autism-friendly screen of Despicable Me 4

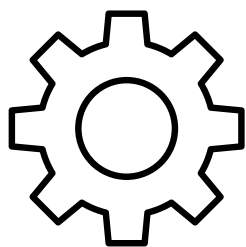
**Where:** Cineworld Boldon

**When:** 4th August at 11am

**How to book:** Go to this [link](#)



# Sunderland

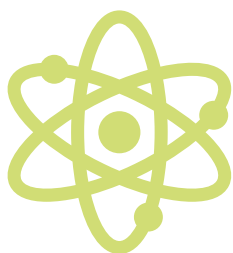


**What:** SEND Gateway Wheelers

**Where:** Rectory Park, Houghton

**When:** 22nd and 31st July; 7th, 14th, 24th and 30th August, all 10-11am

**How to book:** Go to [thesensoryplace.net/book-online](https://thesensoryplace.net/book-online)



**What:** Science Buddies – relaxed family HAF sessions

**Where:** Dame Dorothy Primary School Hub, Dock St, Sunderland SR6 0EA

**When:** Various dates

**How to book:** Go to [this link](#) or email Katie at [info@sciencebuddies.co.uk](mailto:info@sciencebuddies.co.uk)



**What:** Science Buddies x ART venturers – HAF activities

**Where:** ARTspace, Washington NE37 2HF

**When:** Various dates

**How to book:** Go to [this link](#) or message 07772477201

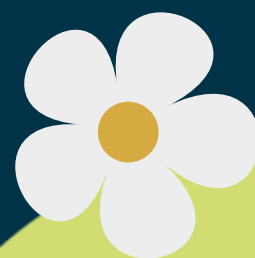






# **County Durham (including Darlington & Stockton)**

*What, Where, When and  
How to Book*



# Little Treasures

To book the below sessions, email  
[Littletreasuresactivities@gmail.com](mailto:Littletreasuresactivities@gmail.com)

**What:** Little Treasures – Insights Air Range

**Where:** Unit 10, Avenue 3, Chilton Industrial Estate, Ferryhill  
DL17 0PB

**When:** 11th August, between 10am and 4.15pm

**What:** Little Treasures –Planet Leisure Bowling

**Where:** 8 Maple Way, Unit 7, Newton Aycliffe DL5 6BF

**When:** 27th July 11am



# The SEN Support Space

To book any of these sessions, email  
[thesenspace@gmail.com](mailto:thesenspace@gmail.com)

**What:** Play session with The SEN Support Space

**Where:** Clart About, Unit 33f, Number one industrial estate,  
Consett DH8 6SZ

**When:** 13th August at 1.30pm

**What:** Glow in the dark craft party with The SEN Support  
Space

**Where:** Chester-le-Street craft cabin, 156A Front St, DH3 3AY

**When:** 11th August at 11am



# The Sensory Place

To book any of these sessions, [click this link](#)

**What:** Summer disco with Danceversity

**Where:** Seaham Town Hall, SR7 0HP

**When:** 30th July; 6th, 20th and 27th August 11am-12pm

**What:** Pink Gym – free play gym session

**Where:** Spennymoor Leisure Centre, High Street, DL16 6DB

**When:** 6th August 6-8pm, and 29th August 1-3pm

**What:** Noo Noos Forest School

**Where:** Haystax Woodland Site, Lanchester, DH8 9BY

**When:** 22nd August 10am-12pm



# The Sensory Place

To book any of these sessions, [click this link](#)

**What:** Cheer Leading with Danceversity

**Where:** Seaham Town Hall, SR7 0HP

**When:** 30th July at 9.45-10.45

**What:** Musical Madness Dance class with Danceversity

**Where:** Seaham Town Hall, SR7 0HP

**When:** 27th August 9.45-10.45am

**What:** SEND Viking Workshop

**Where:** Wheatley Hill Community Centre, Stephen's Tce,  
DH6 3JS

**When:** 19th August 10am-12.30pm



# Little SENDsations

To book the below sessions, [click this link](#)

**What:** Little SENDsations – Teddy Bears Picnic

**Where:** Hardwick Park, Sedgefield, TS21 2DN

**When:** 26th July 11am

**What:** Little SENDsations – Curiositeas

**Where:** Curiosities café, Queen St, Darlington DL2 6SL

**When:** 29th July and 15th August 2-3.30pm

**What:** Little SENDsations –Bump and bounce mega party

**Where:** Hummersknott academy, Darlington DL3 8AR

**When:** 4th August 10-11am

**What:** Little SENDsations –Science Buddies

**Where:** Coundon community centre, Windsor Terrace, Bishop Auckland DL14 8HN

**When:** 9th August 1-2pm



# Little SENDsations

To book the below sessions, [click this link](#)

**What:** Little SENDsations – Splash Stockton

**Where:** Splash, Church Road, Stockton TS18 1TY

**When:** 11th August 4-5pm

**What:** Little SENDsations – Laser Quest

**Where:** Planet leisure, 7-8 Maple Way, Newton Aycliffe, DL5 6BF

**When:** 22nd August at 5pm

**What:** Little SENDsations – coach travel to The Deep

**Where:** Various pick-ups to The Deep, Hull HU1 4DP

**When:** 29th August

**What:** SEND Family Monthly Disco

**Where:** The Phoenix Club, MacMillan Road, Newton Aycliffe, DL5 4LG

**When:** 23rd August, 5.30pm (Little SENDsations), 6.30pm (All Disabilities Matter)



# County Durham

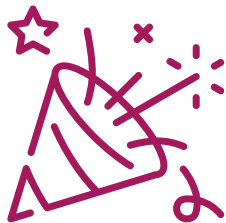


**What:** Relaxed performance of Peter Pan & Wendy

**Where:** Durham Gala Theatre

**When:** 17th July at 1.15pm

**How to book:** Go to [this link](#)



**What:** SENDFEST

**Where:** Spennymoor Youth and Community Centre, DL16 6PP

**When:** 10th August 12-3pm

**How to book:** For more info, go to [this link](#)



**What:** SEND Family Monthly Disco

**Where:** The Phoenix Club, MacMillan Road, Newton Aycliffe, DL5 4LG

**When:** 23rd August, 5.30pm (Little SENDsations), 6.30pm (All Disabilities Matter)

**How to book:** See [this link](#)

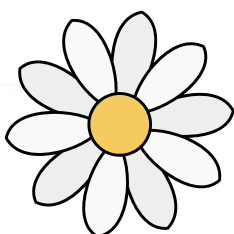


**What:** Hullabaloo in the Park – bookable neurodivergent-friendly sessions including Giant’s Picnic, Sensory Play, Clay Critters, crafts

**Where:** South Park, Darlington

**When:** 26th-28th July

**How to book:** Go to [this link](#)



**What:** Daisy Chain holiday activities

**Where:** Various locations across Stockton

**When:** Various dates throughout holidays

**How to book:** Go to [this link](#)







# Middlesbrough

*What, Where, When and  
How to Book*





# Happy Rooms: Middlesbrough

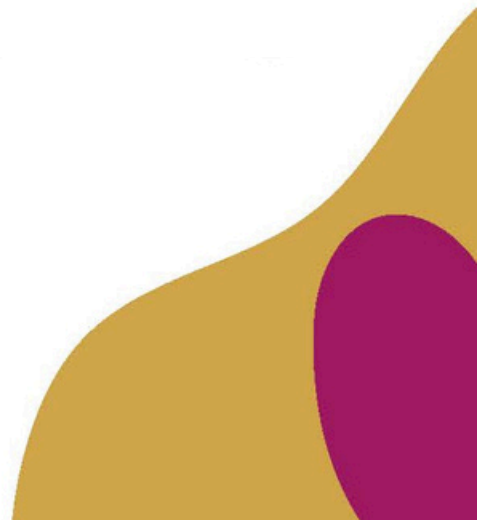
*Explore a colourful trail of interactive spaces designed to ignite your imagination and bring a smile to your face.*

**What:** Happy Rooms – a colourful trail of interactive spaces (temporary attraction)

**Where:** Happy Rooms, 25 Linthorpe Road,  
Middlesbrough TS1 1RH

**When:** Multiple dates and times – 10am and 10.15am  
slots are dedicated relaxed slots

**How to book:** Go to [this link](#)



# Autism Friendly Cinema Screenings

**What:** Autism friendly screenings at Showcase cinema, Teesside

**Where:** Showcase Cinema de Lux Teesside, Aintree Oval, Middlesbrough TS17 7BU

**When:** Every Sunday at 10.30am, starting with Despicable Me 4 on 21st July and Inside Out 2 on 28th July

**How to book:** On [their website](#)

**What:** Autism friendly screening of Despicable Me 4 at Cineworld Middlesbrough

**Where:** Cineworld, Middlesbrough Leisure Park, Marton Road, TS1 2DY

**When:** Every Sunday at 10.30am, starting with Despicable Me 4 on 21st July and Inside Out 2 on 28th July

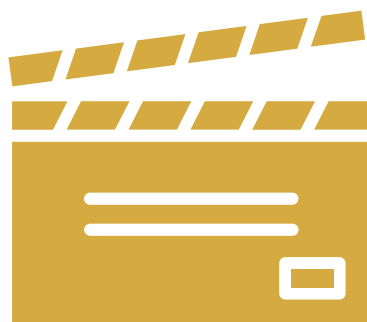
**How to book:** Go to [this link](#)

**What:** Autism friendly screening of If at Vue Hartlepool

**Where:** Vue Hartlepool, The Lanyard, TS24 0XS

**When:** 28th July at 10.30am

**How to book:** Go to [this link](#)





Have a  
wonderful  
**Summer**



north east  
**autism** society

[www.ne-as.org.uk](http://www.ne-as.org.uk)

Registered Charity No. 1028260  
Company Limited by Guarantee No. 2859620

*We're social*



**NEAutismSociety**



**@NEAutismSociety**

